

This consent agreement contains important information about online therapy services. Please read this document carefully and, if necessary ask for clarification on the information contained.

I, Peggy J. Braam, am a Licensed Professional Counselor (LPC) in Wisconsin, Illinois and Texas. I adhere to the Code of Ethics and Standards of Practice promulgated by the Wisconsin Department of Safety and Professional Services, and by the Texas State Board of Examiners of Professional Counselors.

Therapeutic limits: Online therapy is not appropriate for every client nor for the treatment of all therapeutic issues. We have discussed your therapeutic needs and have determined that online therapy is appropriate for you at this time. If I or we determine that your needs no longer can be effectively served through online therapy, and if we cannot meet in person, I will refer you to an appropriate local therapist or provider. In such case, you agree to transition and pursue appropriate local services.

Emergencies and crises: I do not provide emergency or crisis services. If you need immediate help, please dial **911** or go to your nearest emergency room. You may also contact the National Suicide Prevention Lifeline at **1-800-273-8255**.

Also consider the following local resource:

Potential for technical issues: Therapy conducted online uses and relies upon various pieces of telecommunications technology. Problems with hardware, software, equipment, and/or Internet services may result in service interruptions. Such issues are outside of my control and I cannot guarantee that such software, equipment and services will work as expected. If technical problems prevent or disrupt a scheduled appointment and the session cannot be completed via online video conferencing, you agree to continue the session via telephone. In such case, you should call me at **(608) 556-2388**.

Security: For online therapy sessions, I use a **HIPAA-compliant** platform specially developed by Regroup Therapy for use by mental health providers. Although Regroup Therapy represents that its service is secure and encrypted, I cannot guarantee that your Protected Health Information ("PHI") will be 100% secure. You agree to the risks of using an online platform and understand I cannot control for any breaches in confidentiality while using this technology. You can learn more about Regroup Therapy here: <https://www.regroupttherapy.com>.

Privacy and confidentiality: I ensure that the computer I use for online therapy sessions is in a private location so that our conversation, like any conversation taking place in my office, is not overheard. It is your responsibility to make sure you control for privacy on your end. You agree to take full responsibility for the security of any communication or treatment of your computer and that you will use it in a private location.

I do not record therapy sessions. You agree, further, not to record our sessions at your end.

All information disclosed within online therapy sessions and the written records pertaining to those sessions are confidential and may not be revealed to anyone without your written permission, except where disclosure is required by law.

ACKNOWLEDGEMENT

I have read and fully understand the information provided in this document. I agree to online therapy and procedures as discussed herein and to abide by the terms and conditions of this agreement.

Client signature ▶

Date ▶ / /

Therapist signature ▶

Peggy Braam, MS, LPC

Date ▶ / /